

WORLD VEGAN VISION - NEW YORK CHAPTER

Community Newsletter - June 2026

Dietary Research in Cancer - Food for Thought

A Successful Afternoon of Learning, Health, and Community

On June 14, 2026, World Vegan Vision - New York Chapter hosted an inspiring community health program, "**Dietary Research in Cancer - Food for Thought**," at Sai Temple in Plainview, New York.

The event attracted more than **80 attendees**, including community members, caregivers, healthcare professionals, and individuals interested in learning about the role of nutrition and lifestyle in supporting health and well-being.

Featured Speaker: Dr. Urvi Shah

We were privileged to welcome **Dr. Urvi Shah**, Multiple Myeloma Specialist at Memorial Sloan Kettering Cancer Center, who delivered an outstanding presentation on the latest research connecting nutrition, gut health, inflammation, and cancer.

Dr. Shah shared evidence-based information in a practical and easy-to-understand manner, helping attendees better understand how lifestyle choices can impact long-term health. The audience was highly engaged and participated in an interactive question-and-answer session following her presentation.

Special Guest: Ms. Shalu Nijhawan

We were delighted to host **Ms. Shalu Nijhawan**, Founder of Plant Yum and a SHARAN-certified Holistic Nutrition & Health Coach.

Shalu shared her entrepreneurial journey and demonstrated how healthy plant-based living can be both practical and enjoyable. Her live plant-based salad dressing demonstration was a favourite among attendees, who also enjoyed sampling a variety of her plant-based products.

Honored Guest

The event was further enriched by the presence of **Padma Shri Awardee Dr. Nori**, whose pioneering work in cancer prevention and education continues to inspire communities around the world.

Event Highlights

- More than 80 attendees participated
- Educational presentation by Dr. Urvi Shah
- Interactive audience Q&A session
- Presentation by Ms. Shalu Nijhawan
- Live plant-based salad dressing demonstration
- Plant-based product tasting
- Screening of Amitabh Bachchan's video promoting veganism
- Networking and community engagement
- Vegan lunch, dessert, tea, and coffee

Our Mission

Founded by **Mr. H.K. Shah and Mrs. Malti Shah**, World Vegan Vision is committed to creating a healthier, more compassionate, and sustainable world through education and awareness about plant-based living.

Through community programs, educational events, and outreach initiatives, we strive to empower individuals to make informed choices that benefit their health, animals, and the environment.

Thank You

We extend our heartfelt gratitude to:

- Dr. Urvi Shah

- Ms. Shalu Nijhawan
- Padma Shri Awardee Dr. Nori
- Our volunteers and organizing team
- All attendees and supporters who contributed to the success of this program

Your participation and encouragement continue to strengthen our mission and inspire us to bring meaningful educational programs to the community.

Coming Soon

 YouTube Recording of the Event

 Event Photo Gallery

 Presentation Materials

 Details of Our Next World Vegan Vision Program

Thank you for your continued support of World Vegan Vision.

Together, we can create a healthier, more compassionate, and sustainable future.

Rakesh Bhargava

Development Director

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