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Thanksgiving event on Capitol Hill shares vegan vision

By a Staff Writer

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Rep. Raja Krishnamoorthi (D-Ill.) felicitates Vegetarian Vision founder H.K. Shah at the Vegan Thanksgiving celebration on Capitol Hill, Nov. 13. The N.J.-based nonprofit promotes healthy living by following a vegan/vegetarian diet. (Mohammed Jaffer-SnapsIndia)

World Vegan Vision, a New Jersey-based nonprofit that promotes healthy living, held a Thanksgiving event on Capitol Hill Nov. 13, and met with lawmakers. The celebration began at Cannon House, with Rep. Raja Krishnamoorthi (D-Ill.) addressing the gathering. He spoke

about the healthcare and the benefits of vegan and vegetarian food and encouraged a vegan movement in America. Krishnamoorti awarded a plaque of appreciation to H.K. Shah and Malti Shah, World Vegan Vision founders, for their lifetime service.

Dr. Moiz Karu spoke about the value a vegan diet has for health and in the prevention of diseases.

Alex Hershaft of Farm USA emphasized the importance of saving farm animals; Freya Dinshaw of the American Vegan Society talked about the history of vegan practices in the U.S. and Erica Meier of Compassion Over Killings spoke about animal protection.

Shambhu Hakki, first secretary for press, information and culture at the Consulate General of India in New York spoke on the benefits of vegetarian foods and need to promote vegetarianism in the U.S.
