

# NEWLIFE

PRESENTS



## VEGETARIAN VISION

NEW YORK VEGETARIAN HEALTH & WELLNESS EXPO

*25TH ANNIVERSARY*

Biggest Vegetarian Convention in New York

FULL WEEKEND OF FOOD, FUN & AWARENESS

VEGETARIAN, VEGAN & YOGA CELEBRITIES

LEADING HEALTH & WELLNESS EXPERTS & EXHIBITORS

Gary Null • Dr. Joel Fuhrman • Dr. Brian Clement • Dr. Caldwell Esselstyn • Dr. Robert J. Ostfeld • Dr. Will Tuttle

# SEPTEMBER 9 & 10 NEW YORK CITY

PENN PLAZA PAVILION — 401 7th Avenue AT 33rd Street

To Exhibit, Lecture, Teach, Volunteer or for Free Brochure, Call 516-897-0900

Pre-Register for Discounts at [www.VegetarianVision.org](http://www.VegetarianVision.org) (\$15 ONE DAY, \$25 WEEKEND)



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SCOTTSDALE • SEATTLE • SEDONA • SHANGHAI • SINGAPORE • SYDNEY • TAIPEI • TOKYO • VICTORIA • YOKOHAMA

## FROM THE CO-PRODUCERS



Mark Becker



Chandra Mehta



HK Shah

Hello NEWLIFERS,

I am proud to co-produce this incredible Vegetarian Vision Health & Wellness 25th anniversary event with HK Shah (Founder) and Chandra Mehta (President) of Vegetarian Vision, a non-profit organization that has been helping humanity for 25 years. We realize that a plant-based diet is the healthiest diet for humans and the planet

At this expo you will meet Gary Null, author and radio host, who opened the first vegetarian restaurant and first health food store in NYC as he explains the anti-aging effect of a plant-based diet. And Dr. Joel Fuhrman and cardiologists, Dr. Caldwell Esselstyn, Dr. Kim Alan Williams and Dr. Robert Ostfeld will show you how a plant-based diet prevents heart disease and oncologist Dr. Bharat Barail will explain why it helps prevent cancer. Meet Brian Clement, whose Hippocrates Institute has been healing people for years from all diseases using a raw diet.

Enjoy the fun with lectures, yoga classes, meditation classes as well as vegan, vegetarian and raw cooking demonstrations going on throughout the day to show you recipes that you can prepare at home.

We even have an awesome Fashion show and a Mr. and Miss Vegetarian Beauty Pageant (learn how you can participate)

Bring your children to our fun-filled Children's area.

Aren't you worth \$20 for a day (\$15 in advance) or \$30 for the whole weekend (\$25 in advance for whole weekend) to learn how to have a healthier longer life, have fun and meet thousands of other people like yourself?

To pre-register in advance go to [www.vegetarianvision.org](http://www.vegetarianvision.org). Also for \$100 in advance (\$125 at the door) you can have front row seating at every event.

In Total Health,

Mark Becker



# NEWLIFE EXPO

PRESENTS

## VEGETARIAN VISION

*New York Vegetarian & Wellness Expo*

**SEPTEMBER 9 & 10, 2017**

**NEW YORK CITY**

**PENN PLAZA PAVILION**

401 7th Avenue at 33rd Street

**516-897-0900**

**[www.vegetarianvision.org](http://www.vegetarianvision.org)**

**SATURDAY & SUNDAY 10am-7pm**

**REGISTRATION** : Registration Opens 9am in Lobby of Penn Plaza Pavilion.

**PRE-REGISTRATION** : For Discounts, visit [www.VegetarianVision.org](http://www.VegetarianVision.org) and pick up your tickets at the Pre-Registration Booth in Lobby. \$15 one day, \$25 Two days, \$100 for Front Row Seating at all events.

**SPEAKER ROOMS** : Rooms 1C & 1D located up escalator on second floor, Globetrotter room located on lower level.

**LECTURES & SPECIAL EVENTS**: All Lectures and Special Events are FREE WITH DAY OR WEEKEND PASS.

**INFORMATION** : Call 516-897-0900 to exhibit, lecture, to teach yoga, to give a cooking demo, or to volunteer.

**VOLUNTEER FOR THE NEWLIFE EXPO AND RECEIVE FREE ADMISSION, FREE WORKSHOPS, AND GOOD KARMA.** Call 516-897-0900 for information.

**HOTEL DISCOUNTS** : Call PE6-5000 and mention Vegetarian Vision for your hotel discount.

**TO PRE-REGISTER  
visit**

**[www.VegetarianVision.org](http://www.VegetarianVision.org)**

ONE DAY – includes everything :  
\$15 in Advance (\$20 at the door)

WEEKEND – includes everything :  
\$25 in Advance (\$30 at the door)

FRONT ROW SEATING for All Events :  
\$100 in Advance (\$125 at the door)

SENIORS over 65 and STUDENTS under 21  
with ID  
receive Pre-Registration prices at the door

DEADLINE FOR PRE-REGISTRATION:  
Thursday, September 7, 6pm

THERE ARE NO REFUNDS

# EXHIBITORS & BOOTH NUMBERS

PARTIAL LISTING

## AMERICAN AYURVEDA

### ANN WIGMORE NATURAL HEALTH INSTITUTE

### BEN JOHNSON INDUSTRIES

All-Natural Organic Products including magnesium sulfate, Muscle/joint pain-relieving massaging cream, Odor neutralizing spray plus a variety of products that contain pure essential oils. Contact Benjohnson3000@gmail.com.

### CRYSTAL TONES / CRYSTAL BOWLS

Visit our Crystal Tones Temple, the crystal sound oasis and vibrational heart of the New Life Expo. Our Alchemy Crystal Singing Bowls are the highest frequency transformative tools today. Join with our Crystal Bowl Master Alchemists, clothed in white to support peace, as they introduce you to your own alchemy crystal singing bowls. Contact: info@crystaltones.com, 800.358.9492/801.486.6833 Fax 801.463.2617 Website : www.crystaltones.com www.facebook.com/crystaltones

### DELGADO PROTOCOL

### EMFS PROTECTION

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GAIA Holistic Far infrared Onnetsu therapy with Dr. Kazuko promotes immune system and boosts one's own healing power and is a totally natural non-offensive holistic therapy without side effects. Its diagnostic abilities and excellent results are well known through balancing the automatic nervous system. Please visit us at www.gaiaholistic.com

### GARY NULL

### HIPPOCRATES HEALTH INSTITUTE

### JONATHANS ORGANICS

### KAPLAN BRAIN & BODY CENTER

Find out about Functional Neurology! Dr. Kaplan will be giving a VNG test to determine brain function. This normally costs \$270, but if you stop by our booth you can receive this test for FREE. www.kaplandc.com Instagram: @kaplanbrainbody Facebook: New York Functional Neurologist

## KI FITNESS AMERICA

### LA CASA DAY SPA & WELLNESS CENTER

Dr. Goldberg is going to be demonstrating and offering at deeply discounted prices two systems of frequency scans—the Metatron and the NuVision—both of which identify pathogens, conditions and afflictions in the body/mind. Both systems treat conditions, as well. Lacasaspaspa.com 212-673-2272

### MOMENTUM 98.COM-MASSAGE TOOLS

Momentum98.com- Relax FIR Sauna – exhibiting at New Life Expo for over 20 years. Relax Far Infrared Sit-up and Lie-Down Saunas are becoming very well known as the “best” FIR Saunas on the planet. The Purity of the healing light generated is one of the reasons. Get a 5 minute treatment at our booth. Also Acu-Masseurs, Stir –wands, Pinhole & color therapy glasses, more.

### N.Y. ACUPUNCTURE & CHIROPRACTICS

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### SOMETHING GOOD TO EAT

### VITA-MIX CORPORATION

### WATER WORKS 4U.COM

WaterWorks4U.com founded by Peter Goodgold manufactures healthy hydrogen water generators and products to produce high Ph alkaline water for Wellness, Weight- loss and Anti-aging. They will display their Ionic Oasis electric water ionizer, the Ion- Wave De-Chlorinating shower and bath filters, The Dr Life Vortex Alkalizer, the Alkaline diet stick and the Ti p- stick portable water ionizers, ph testers, Bio Shield EMF protector, Cold Fusion Photon Laser and FAR saunas.

# SPEAKERS

PARTIAL LISTING

GLOBETROTTER ROOM LOCATED ON LOWER LEVEL — ROOMS 1C & 1D LOCATED ON SECOND FLOOR

### BALCOMBE, DR. JONATHON

Lecture Sunday 11am .....Globetrotter ROOM

### BARAI, DR. BHARAT

Lecture Sunday 2pm .....ROOM 1D

### BECKER, MARK

Lecture Sunday 2pm.....ROOM 1C

### CAMHE, PAMELA

Lecture Sunday 5pm .....Globetrotter ROOM

### CLEMENT, DR. BRIAN

Special Event Saturday 1pm ...Globetrotter ROOM

Special Event Sunday 2pm .....Globetrotter ROOM

### CRYSTAL BOWL SOUND HEALING

Concert Sunday 6pm .....ROOM 1D

### DAVIS, KATHY

Lecture Sunday 10am .....ROOM 1D

### DELGADO, DR. NICK

Lecture Sunday 12 m .....ROOM 1D

### DIBENEDETTO, BOB

Lecture Saturday 2pm .....ROOM 1D

### ESSELSTYN, DR. CALDWELL

Lecture Saturday 12pm.....Globetrotter ROOM

### FASHION SHOW

Special Event Sunday 4pm ....Globetrotter ROOM

### FUHRMAN, DR. JOEL

Special Event Sunday 12pm ...Globetrotter ROOM

### GLI, GARY

Lecture Saturday 6pm .....ROOM 1D

### GOLDBERG, DR. JANE

Lecture Saturday 12pm .....ROOM 1D

### GOODGOLD, PETER

Lecture Saturday 1pm .....ROOM 1C

Lecture Sunday 4pm .....ROOM 1D

### GUPTA, VASUDHA

Lecture Sunday 12pm.....ROOM 1C

### HARRISON, LEWIS

Lecture Saturday 5pm .....ROOM 1D

### JOHNSON, BEN

Lecture Sunday 6pm .....Globetrotter ROOM

### KAPLAN, DR. ERIC

Lecture Saturday 12pm .....ROOM 1C

Lecture Sunday 1pm .....ROOM 1D

### LANE, DR. BENJAMIN

Lecture Saturday 3pm .....ROOM 1D

### LANE, KENNETH

Concert Saturday 6pm .....ROOM 1C

### LUPITO

Lecture Saturday 1pm .....ROOM 1D

### MATSIL, HARLEY

Lecture Sunday 3pm.....ROOM 1C

### MR. & MISS VEGETARIAN BEAUTY CONTEST

Special Event Saturday 6pm ...Globetrotter ROOM

### NULL, GARY

Special Event Saturday 4pm ..Globetrotter ROOM

### OPENING CEREMONY

Saturday 10am .....Globetrotter ROOM

### OSTFELD, DR. ROBERT

Lecture Sunday 10am .....Globetrotter ROOM

### PANCHAI, KAMAL

Lecture Saturday 11am .....ROOM 1D

### PAYMASTER, TINA

Lecture Sunday 3pm .....ROOM 1D

### PIZHADI, MICHAEL

Lecture Sunday 11am.....ROOM 1D

### RABIN, MITCHELL

Lecture Saturday 2pm .....ROOM 1C

### REILLEY, LIZ

Lecture Saturday 11am.....ROOM 1C

### RUSSELL, KYLE

Lecture Sunday 1pm.....ROOM 1C

### SECUNDA, CHEF DEBRA

Lecture Saturday 3pm .....ROOM 1C

Lecture Sunday 5pm .....ROOM 1D

### STEINFELD, ALAN

Lecture Saturday 10am.....ROOM 1C

### TATSUMURA HILLYER, KAZUKO, PhD

Lecture Saturday 5pm .....ROOM 1C

Lecture Sunday 11am.....ROOM 1C

### TUTTLE, DR. WILL

Lecture Saturday 3pm .....Globetrotter ROOM

Lecture Sunday 10am .....ROOM 1C

### UTZ, PAUL

Lecture Sunday 4pm.....ROOM 1C

### WILLIAMS, DR. KIM ALLAN

Lecture Saturday 11am .....Globetrotter ROOM

### WILSON, PHILLIP

Lecture Sunday 5pm.....ROOM 1C

# SATURDAY – SEPTEMBER 9

ROOM & FLOOR	Globetrotter ROOM LOWER LEVEL	room 1C SECOND FLOOR	room 1D SECOND FLOOR
10am	<b>OPENING CEREMONY</b>	Alan Steinfeld	
11am	Dr. Kim Allan Williams	Liz Reilley	Kamal Panchai
12pm	Dr. Caldwell Esselstyn	Dr. Eric Kaplan	Dr. Jane Goldberg
1pm	<b>DR. BRIAN CLEMENT</b>	Peter Goodgold	Lupito
2pm		Mitchell Rabin	Bob DiBenedetto
3pm	Dr. Will Tuttle	Chef Debra Secunda	Dr. Benjamin Lane
4pm	<b>GARY NULL</b>		
5pm		Kazuko Tatsumura Hillyer	Lewis Harrison
6pm	<b>MR. &amp; MISS VEGETARIAN BEAUTY CONTEST</b>	Kenneth Lane CONCERT	Gary Gli

# SUNDAY – SEPTEMBER 10

ROOM & FLOOR	Globetrotter ROOM LOWER LEVEL	room 1C SECOND FLOOR	room 1D SECOND FLOOR
10am	Dr. Robert Ostfeld	Dr. Will Tuttle	Kathy Davis
11am	Dr. Jonathon Balcombe	Kazuko Tatsumura Hillyer	Michae Pizhade
12pm	<b>DR. JOEL FUHRMAN</b>	Vasudha Gupta	Dr. Nick Delgado
1pm		Kyle Russell	Dr. Eric Kaplan
2pm	<b>DR. BRIAN CLEMENT</b>	Mark Becker	Dr. Bharat Barai
3pm		Harley Matsil	Tina Paymaster
4pm	<b>FASHION SHOW</b>	Paul Utz	Peter Goodgold
5pm	Pamela Camhe	Phillip Wilson	Chef Debra Secunda
6pm	Ben Johnson		Crystal Bowl Sound Healing CONCERT

□ FREE LECTURES : 45 minutes

■ FREE SPECIALEVENTS : 105 minutes



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TRANSFORMATION  
PROGRAM

1 WEEK 2 WEEKS 3 WEEKS



Special Event Saturday 1pm Globetrotter room Lower Level  
Special Event Sunday 2pm Globetrotter room Lower Level

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HIPPOCRATES  
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**THROUGHOUT THE WEEKEND**  
**Yoga Classes, Meditation Classes and Celebrity Chefs,**  
**including MARK REINFELD,**  
**will be giving vegetarian and vegan cooking demonstrations**  
**as well as raw food preparation demonstrations.**  
**Check the schedule at registration.**

**Also there will be a children's area with games, face painting and more.**

Special Event Saturday 10am Globetrotter rm

## OPENING CEREMONY

Join us at the Candle Lighting opening ceremony with guest speakers and dignitaries as we inaugurate the weekend's festivities.

Lecture Saturday 10am rm 1C



### ALAN STEINFELD

#### *The World As We Know It Is Shifting Its Frequencies*

Our minds are opening to wider and wilder possibilities. We must learn to bend the nature of time and the nature of reality, as we evolve into the 5th dimension. That means freeing ourselves from the past and stepping off the old timeline and becoming something new, unknown and not yet conceived. Alan is the host of the awesome cable tv show "new realities."

Lecture Saturday 11am rm 1D



### KAMAL PANCHAI

#### *What A Healthy Diet Looks And Tastes Like*

Mr. Kamal Panchai is Vegan Speaker and a Vegan Chef. He specializes in preparing tasty Vegan foods with some curry flavor specially prepared considering Healthy and nutritious food. Specializes in Vegan Breakfast and Vegan Kofta Curry and more. He will also have cooking demonstration for his specialty items. He is the owner of well-known restaurant - Banana Leaf in Columbus Ohio

Lecture Saturday 11am Globetrotter rm



### DR. KIM ALLAN WILLIAMS

#### *Taking The Die Out Of Diet*

Dr. Williams will present evidence to make dietary changes to improve cardiovascular health, explaining the basis of heart disease, review the impact of plant-based nutrition on risk factors, and discuss how plant-based nutrition can decrease mortality. Dr. Williams is board certified in internal medicine, cardiovascular diseases, nuclear medicine, nuclear cardiology and cardiovascular computed tomography; was professor of medicine & radiology and director of nuclear cardiology at the U. of Chicago School of Medicine, professor and chair of cardiology at Wayne State U. School of Medicine, and James B. Herrick Professor & Chief of Cardiology at Rush U. Medical Center.

Lecture Saturday 11am rm 1C



### LIZ REILLEY

#### *More About Sprouts...*

Jonathan's Sprouts has been a family-run business since 1976 operating out of an historic New England barn renovated for food production in scenic Southeastern MA. to preserve the integrity of nature's perfect food, and to provide a platform for other sprout growers to produce safe, quality sprouts while maintaining the organic integrity nature's perfect food. Learn what you can do to help bring about sprout safety standards. Meet Liz Reilly, and learn more about the world of sprouts as well as health benefits and easy recipe ideas.

Lecture Saturday 12pm rm 1C



### DR. ERIC KAPLAN

#### *Breakthrough Research In The Prevention Of Memory Loss And Dementia*

Do not let your loved ones become strangers to you. Getting older does not mean your memory will start to decline. There are many ways to improve your memory even as you age. During this talk, you will learn about the best ways to prevent dementia and Alzheimer's Disease. Dr. Kaplan will teach you about the most researched natural protocols that will keep your mind strong and improve your memory.

Lecture Saturday 12pm rm 1D



### DR. JANE GOLDBERG

#### *Disease Is Never A Mistake*

Learn how to eavesdrop on the whispers of your body. Our bodies stay in constant dialogue with us, communicating what it needs to us—through bodily symptoms, and from the unconscious. Diseases only come about when we fail to listen, or to understand the messages. And then, whispers become loud, painful tantrums. The specific disturbances discussed will be ADHD, heart disease, overweight, high cholesterol, inflammation, and cancer. Come to learn and love, because what you call your diseases/conditions/afflictions are friends, and paying attention to them can restore your health and save your life. Dr Goldberg is the founder of La Casa Spa & healingcenter

Lecture Saturday 12pm Globetrotter rm



### DR. CALDWELL ESSELSTYN

#### *The Nutritional Reversal Of Cardiovascular Disease: Fact Or Fiction?*

Author of the best-seller, "Prevent and Reverse Heart Disease", and a pioneer in preventive and restorative cardio-vascular medicine whose scientific publications number over 150. Dr. Esselstyn had an important role in President Clinton's decision to become a vegan. He will speak on the epidemic of cardiovascular disease, that is nonexistent in cultures which thrive predominantly on whole foods, plant-based nutrition. He directs the cardiovascular prevention and reversal program at The Cleveland Clinic Wellness Institute.

Lecture Saturday 1pm rm 1C



### PETER GOODGOLD

#### *Healing With Hydrogen Water*

The discovery and documentation of the "healing" and "curative" waters of Nordenau, Germany; Tlacote, Mexico; and Hita Tenryosui, Japan waters all contain dissolved hydrogen gas. Molecular Hydrogen has been shown in over 500 studies to have positive effects on 100 different human diseases. The antioxidant properties and anti-apoptotic (anti-cell death) activity of molecular hydrogen has finally piqued the interest of the biomedical field. Peter Goodgold, shares the complex healing powers of his "Infinity Hydrogen Water Generator". Attendees receive free gift.

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## Special Event Saturday 1pm Globetrotter rm


**DR. BRIAN CLEMENT**  
*Unlimited Potential*

Clement will explore cutting edge advancements and progressive medicine. Now in their 7th decade, Hippocrates Health Institute remains the premier pioneer in the exploration of advanced healthcare. This program will open your mind and inform you in a way that you have not experienced before. For nearly half a century, Clement has worked with more than 265000 people in the conquest of preventing and reversing disease and premature aging. Hippocrates, the institute he directs is internationally renowned for the hundreds of thousands of people who have attended their Life Transformation Program and achieved remarkable recoveries and renewed happiness. There will be an extensive question and answer period whereas you can delve into the depth of experience that has been gleaned from the front lines of advanced healthcare. Clement states "we are in a new paradigm where disorder and disharmony should be a thing of the past".

## Lecture Saturday 1pm rm 1D


**LUPITO**  
*Healing With  
Alchemy Crystal Bowls*

Join this crystalline sound portal of self transformation with Alchemy Crystal Bowl Master Lupito, Founder of Crystal Tones who will be demonstrating Bowl Master techniques and uses of the Alchemy Crystal Bowls. While playing the Rose, Ruby, Diamond, Gold, and Divine Kryon bowls alchemies we will be activating the light in the liquid crystals of our cells bringing us to a higher state of awareness and bliss for profound healing!

## Lecture Saturday 2pm rm 1C


**MITCHELL RABIN**  
*Learn To Reduce Stress,  
Balance Emotions, Energy,  
Love A Lot & Feel Great!*

Eating a healthy diet, exercise and good rest are keys to health. But what's behind it? How we manage our stress, our emotions and how to generate love and gratitude, has been shown to be every bit as important as part of our life-style regimen. The studies in neuroscience and energy medicine show us one big blast of anger can blow away all the Vit. C you so carefully put in your morning's smoothie. Mitchell Rabin, M.A., L.AC., life-coach, stress management consultant, is host of A Better World Radio & TV.

## Lecture Saturday 2pm rm 1D


**BOB DIBENEDETTO**  
*Creating Our World Via  
Empowered Food Choices*

Don't wait for the next election to weigh in on the future of our world! The foods you choose can have an enormous, positive impact on our life support system, food supply, resources, climate change, and the other creatures (human and nonhuman) with whom we share this planet. And being part of the solution will leave you feeling more empowered & alive ... today! Bob DiBenedetto, a 39-year vegan/vegetarian, is Founder & Pres. of Healthy Planet, and long-time host of "The Healthy Planet" Radio Show.

## Lecture Saturday 3pm rm 1C


**CHEF DEBRA SECUNDA**  
*Healthy Recipes  
For Body & Soul*

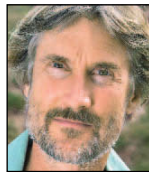
Demo & Tasting, Raffle For Free DVDs: Learn simple tips to prepare quick balanced meals that will Energize you all day! For a nutritious Detox plan, Debra will share Raw-Live vegan recipes from her DVD, "Green Recipes for Health & Weight Loss". Creamy lasagna with walnut-mushroom "sausage", cashew nut "ricotta" & zucchini noodles – scrumptious meals that are low-glycemic; non-dairy; gluten-free; trans-fat-free, yet bursting with enzymes; anti-oxidants; phyto-nutrients; vitamins; minerals; & fiber! Learn healthy choices for satisfying swap-outs, how to Sprout your own superfoods & how to kick sugar!

## Lecture Saturday 3pm 1D


**DR. BENJAMIN LANE**  
*At Last! Real Reversal  
Of Many Eye & Vision  
Problem*

This is Dr. Benjamin Lane's 2015 update which includes important new information as to the best timings to produce beneficial uptake of nutrients, especially problems with effectiveness of vitamin B6 and vitamin C. Dr. Lane discusses what to do to prevent and reverse common and uncommon eye disorders including nearsightedness, cataracts, floaters, glaucoma, macular degeneration, diabetic retinopathy, tear-film anomalies, and what we've learned about mechanisms. Also: risks as well as benefits of megadosing vitamin C and also protein.

## Lecture Saturday 3pm Globetrotter rm


**DR. WILL TUTTLE**  
*Being Healthy And  
Saving The Planet*

If you wonder how the food you eat affects your health and well-being, you shouldn't miss this lecture. Dr. Will Tuttle delivers a transformational talk about the food we choose, where it comes from, and how it may be harming us physically and spiritually. Author of The World Peace Diet, a #1 Amazon best-seller, Will Tuttle, Ph.D. (U.C., Berkeley) is a recipient of the Courage of Conscience Award, 30-year vegan, former Zen monk, and acclaimed pianist and composer traveling full-time for 16 years in a solar-powered rolling home.

# VOLUNTEERS WANTED

RECEIVE FREE ADMISSION  
AND  
GOOD KARMA POINTS

EMAIL

[mark@newlifemag.com](mailto:mark@newlifemag.com)

## Special Event Saturday 4pm Globetrotter rm


**GARY NULL**  
*Anti-Aging With A Plant-Based Diet*

The substance of this keynote event will fundamentally share what happens to our bodies when we rely upon a meat based diet, a high protein diet, and the standard American diet. Gary will speak how these diets age us prematurely and can knock off up to twenty years from the life span. He will also show part of either of my two documentaries: Plant Codes or Saving the Planet One Bite at a Time and discuss his interviews with over 20 board certified medical physicians who adopted a healthy plant based diet to reverse their own life challenging medical conditions and later incorporated it into their clinical protocols for their patients with phenomenal results. Finally, Gary will address the latest advances in science to naturally reverse heart disease, cancer, arthritis and mental decline. Gary Null is the host of award winning Radio shows and author of numerous NY Times best sellers.

# AT LAST! Real reversal of eye and vision problems with nutrition and integrative therapy.

**Dr. Benjamin Clarence Lane**  
Nutritional Optometrist  
Fellow, American College of Nutrition

With 6 degrees from major universities, including 3 from Princeton and Columbia, Dr. Lane, offers 31 years clinical and research experience in nutritional optometry. He is the widely reported researcher-author-nutritional optometrist who discovered the importance of the trace-mineral chromium, the chromium-to-vanadium ratio, and the B-complex vitamin "folate" in the prevention and reversal of nearsightedness, the regulation of pressure inside the eye, the energy equations of eye focusing, and the enzymes that prevent and reverse floaters.

In 1991 Dr. Lane reported to the Retinal Vascular Disease session of the Association for Research in Vision & Ophthalmology the stunning differences in dietary and environmental risk factors between the three most common forms of macular degeneration. (The leakage process customarily is stopped within two weeks without laser or invasive treatments!)

Dr. Lane has lectured to the World Congress of Ophthalmologists at Sydney, Australia in April 2002, and recently in Moscow, Amsterdam, Copenhagen and Reykjavik. In November he chaired the Metabolic Ophthalmology Symposium and presented a major lecture on cataract reversal at the 12th Afro-Asian Congress of Ophthalmology in China, two major lectures to the European Congress of Ophthalmology in Istanbul, Turkey, and in August 2005, a major lecture on nutritional research and therapies for macular degeneration to the International Vision Science & Optometry Conference in Chennai, India.

Dr. Lane and his supportive staff will help you to SEE to your maximum potential and will help you stay focused for life.

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Lecture Saturday 3pm ROOM 1D 2ND FLOOR

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Lecture Saturday 12pm ROOM 1D 2ND FLOOR

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5PM - 6PM

SATURDAY

Lecture Saturday 5pm rm 1C



**KAZUKO TATSUMURA HILLYER, PhD**  
*ONNETSU And Far Infra-Red Therapy*

All living being on the earth needs Water, Air, Food and Sunlight. However according to NASA, out of vast range of sunlight, only the narrow spectrum (8-14) of wave length is the light of life, growth and healing. The benefit of Far Infra-red was first discovered by NASA in 1960s and developed in Japan technologically. The ONNETSU Therapy is a combination of this new technology and the ancient Japanese modality of Moxa. Dr. Kazuko Tatsumura will introduce and demonstrate this extraordinary new ONNETSU Therapy.

Lecture Saturday 5pm rm 1D



**LEWIS HARRISON**  
*The 30 Day Body Purification Program*

Now you can completely rejuvenate your body and mind in just 30 days with this unique total body purification process. This easy-to-follow program addresses all the dietary, physical, emotional and mental factors that combine to create long-lasting fitness and well-being. In as little as a few days, this first-of-its-kind vegetarian plan will begin to remove the causes of disease "before" illness sets in and you'll feel better and healthier. Lewis Harrison became a vegetarian in 1972, Based on his best selling book he has taught this program to thousands of people.

Concert Saturday 6pm rm 1C



**KENNETH LANE**  
*Lane's Live Concert Program*

In This concert Ken will sing 25 love song selections from Opera, Broadway, Musicals, Pop, Viennese Operetta, Elvis Presley, The Beatles, Films and the Grammys Mr. Lane is an opera composer and coaches actors in Shakespeare roles and opera singers in the Wagner, Italian and French roles. [www.WagnerOpera.com](http://www.WagnerOpera.com)

Special Event Saturday 6pm Globetrotter rm

**2017 MR. & MISS VEGETARIAN BEAUTY CONTEST**

International Vegetarian Convention will showcase a Special Event, Mr. and Miss Vegetarian Pageant presenting the best talent. winner selection of Mr. Vegetarian & Miss. Vegetarian. The participants age must be between 18-25 years, various talents will be judged by prominent panel of judges. Winners will be honored with Mr. Vegetarian and Miss Vegetarian. Winners will get 1st and 2nd prize. To participate check website or contact Suhag Mehta at (347) 513-8526

Lecture Saturday 6pm rm 1D



**GARY GLI**  
*We Are What We Eat And What We Think*

The way in which we eat is crucial to our health and well-being but is only part of a far more comprehensive approach to optimal health. The quality of our thoughts, and the practices that help us maintain those thoughts and behavioral patterns that ensue is what I will be discussing. Gary Gli founded Conscious Movement Inc. in 1987. He is an Intuit, spiritual teacher, life coach, martial arts master and 9x certified strength and conditioning guru who has trained professional fighters, world-class athletes.

**VOLUNTEERS WANTED**

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**GLOBETROTTER Room located on LOWER LEVEL  
Rooms 1C & 1D located on SECOND FLOOR**

10AM - 11AM

SUNDAY

Lecture Sunday 10am rm 1D



**KATHY DAVIS**  
*Health Through Vibrational Intelligence*

Kathryn Davis, Qigong Teacher, Energy Healer, Spiritual Doula, host of the Heart Of Mind show on WBAI Radio will present Vibration is the language of Existence and the building block of Reality. Connect with the Unity of Self and Source in an "I AM" presence of being that can reorder the molecules of your body and create the substance of your experience. We will cover the basics to clear your energy fields and align with your Quantum Being.

Lecture Sunday 10am Globetrotter rm



**DR. ROBERT OSTFELD**  
*Why A Plant Based Diet Is The Healthiest Diet*

Dr. Ostfeld will be speaking on why a plant based diet — a diet not typically taught about during medical training — is quite possibly the healthiest way you can eat. Robert Ostfeld, MD, MSc., a cardiologist, is the Director of Preventive Cardiology, the founder and Director of the Cardiac Wellness Program at Montefiore, and an Associate Professor of Clinical Medicine at the Albert Einstein College of Medicine. He earned his MD from Yale University School of Medicine; and his Masters of Science in Epidemiology from the Harvard School of Public Health.

Lecture Sunday 11am rm 1C



**KAZUKO TATSUMURA HILLYER, PhD**  
*Onnetsu And Far Infra-Red Therapy*

All living being on the earth needs Water, Air, Food and Sunlight. However according to NASA, out of vast range of sunlight, only the narrow spectrum (8-14) of wave length is the light of life, growth and healing. The benefit of Far Infra-red was first discovered by NASA in 1960s and developed in Japan technologically. The ONNETSU Therapy is a combination of this new technology and the ancient Japanese modality of Moxa. Dr. Kazuko Tatsumura will introduce and demonstrate this extraordinary new ONNETSU Therapy.

Lecture Sunday 11am rm 1D



**MICHAEL PIZHADE**  
*Decoding The Wave Frequency Of Each Organ On A Cellular Level*

This NLS Matrix Decoder program is comprehensive in that it allows us to analyze the energetic field and aura of the human anatomy. Once an imbalance is detected anywhere in the body, the NLS Matrix Decoder instantly sends a correction to balance the energetic state. As you know, syndrome manifests energetically as well as physically. Experience the NLS Matrix Decode which has more functions encompassing the Meridians, Emotional and Psychological Matrix, Relationship Matrix and Aura of each organ

Lecture Sunday 11am Globetrotter rm



**DR. JONATHON BALCOMBE**  
*What A Fish Knows: Notes From A Vegan Biologist*

Combining science and story-telling, this presentation explores startling discoveries of fishes' colorful lives that will raise eyebrows and drop more than a few jaws. In this companion to Balcombe's latest book, *What A Fish Knows*, you'll learn how fishes can use tools and create mental maps, recognize shoalmates, deceive others, keep accounts, parent, woo, collaborate, and undergo gender reassignment without costly surgery. Balcombe has three biology degrees, including a PhD in ethology, and has published over 50 scientific papers on animal behavior and protection, and authored five books.

Lecture Sunday 12pm rm 1C



**VASUDHA GUPTA**  
*Healthy Weight Loss Using Ayurvedic Remedies*

Are you looking to lose weight in a safe and healthy way? Have you tried other things and it did not give you desired results? Healthy weight loss is when you lose weight and during the process your energy level increases and your skin tightens and glows. Vaidya Vasudha, who is an Ayurveda physician will discuss various reasons of weight gain and offer simple and effective Ayurvedic remedies to lose weight permanently.

Special Event Sunday 12pm Globetrotter rm



**DR. JOEL FUHRMAN**  
*Scientific Principles Of Superior Nutrition*

What is the healthiest way to eat? Can superior nutrition enable us to reverse chronic disease and avoid dementia and cancer in later life? What are the most powerful foods to include in one's diet to prevent cancer? A Nutritarian diet-style incorporates the latest advances in nutritional science to empower you to reach your ideal weight and prevent and reverse chronic diseases, such as heart disease, diabetes, auto-immune diseases, migraines and even early stages of many cancers. I coined the term "Nutritarian" to describe a diet-style that is nutrient-dense and plant-rich (NDPR) and includes a full portfolio of anti-cancer super-foods. The inclusion and balance of these foods supply the optimal amount and variety of micronutrients (vitamins, phytochemicals and minerals) that unleashes the body's incredible power to heal itself and slow the aging process, giving the body renewed vitality. Dr. Fuhrman's approach to nutrition is based on his health equation: Health = Nutrients per Calorie, or H = N/C. Your long-term Health is predicted by the Nutrient density of your diet, specifically the quantity and diversity of micronutrients per Calorie of the foods you eat. Joel Fuhrman, M.D., is a board-certified family physician and nutritional researcher who specializes in preventing and reversing disease through nutritional and natural methods. He is the author of several books, including the New York Times bestsellers *Eat to Live*, *Super Immunity*, *Eat to Live Cookbook*, *The End of Dieting*, *The End of Diabetes* and *The End of Heart Disease*.

Lecture Sunday 12pm rm 1D



**DR. NICK DELGADO**  
*The Power Of Plant Proteins, Stem Cells, & Natural Herbal Hormonal Balance.*

Learn of new breakthrough methods to heal the body naturally at the cellular level. Nick Delgado, PhD, ABAHP is a 40-year oil-free vegan World record strength endurance champion. "Author of *Annihilate Acne Naturally*, *Stay Young*", and the "Simply Healthy Vegan Cookbook". Nick Delgado also hosts *Simply Healthy TV*. You will discover the real truth about cancer, acne, heart disease, diabetes, arthritis, autism, and major chronic diseases; "Learn how to boost hydrogen and nitric oxide levels, to reduce free radical damage, slow aging and disease."

Lecture Sunday 1pm rm 1C



**KYLE RUSSELL**  
*Healing With Crystals - A New Paradigm*

Kyle Russell's "Language of Crystals" is a way of understanding where and how 30 key Crystals connect with the Human Energy Zones through what are called "the 5 elements." The 6th Element is Channel. You'll get a sense of the whole paradigm, and we'll have an experiential Meditation during our time together. Kyle Russell has been working with Crystals since the Harmonic Convergence, in 1987. Since 1987 Kyle has been working crystals with people individually, and leading Meditations and Workshops live and online

Lecture Sunday 1pm rm 1D



**DR. ERIC KAPLAN**  
*Breakthrough Research In The Prevention Of Memory Loss And Dementia*

Do not let your loved ones become strangers to you. Getting older does not mean your memory will start to decline. There are many ways to improve your memory even as you age. During this talk, you will learn about the best ways to prevent dementia and Alzheimer's Disease. Dr. Kaplan will teach you about the most researched natural protocols that will keep your mind strong and improve your memory.

Lecture Sunday 2pm rm 1C



**MARK BECKER**  
*Why Yogis Are Vegetarians*

One of the first Hindu words we learn in yoga is "Ahimsa" which means non-violence. So yogis became vegetarians first for Spiritual reasons and then learned the health effects which made our postures easier to do, our minds clearer making it easier to meditate and our bodies more flexible. Learn the principles of yoga which many teachers have forgotten. Mark Becker opened the first non-hindu yoga center, Serenity, in NYC in 1975 and has been practicing yoga for almost 50 years

Lecture Sunday 2pm rm 1D



**DR. BHARAT BARAI**  
*Vegetarian Foods And Health*

Dr. Bharat Barai will talk about "Vegetarian foods and Health", his related topics will be prevention of Cancer- as he is an Oncologist. Specializing and Boold related diseases and Cancer

Special Event Sunday 2pm Globetrotter rm



**DR. BRIAN CLEMENT**  
*We Are Light*

Clement will bring you to the pinnacle of the latest science on food and why the living plant based variety is the inherent and biological choice for our species. His half century in the field of progressive healthcare, and as the director of the renowned Hippocrates Health Institute since 1980, has given him a privileged insight into the workings of authentic health and longevity. Science has now caught up to the teachings of the institute he directs and empirically proven that food which is enzymatically rich enhances cell frequency, preventing free radical damage, the cause of all aging and disease. He will show that the same photons that rain down from the sun and captured on green, leafy plants empower each of your 100 trillion cells in generating extraordinary health. Frequencies from proper foods shield the cells which create all of the bodily systems from microbes and mutagens; and at the same time prevent rapid cell death, the underlying cause of premature aging. Extensive questions and answers will be afforded.

## Lecture Sunday 3pm rm 1C


**HARLEY MATSIL**  
*The Benefits Of  
Wheatgrass Juice*

Harley Matsil, President of Perfect Foods, Americas Premier Wheatgrass Grower, has been educating individuals about the benefits of wheatgrass juice since 1982. Harley, known as "The Wheatgrass King", has impacted thousands of lives by providing fresh wheatgrass to hundreds of juice bars in the New York City. Harley's lecture will inspire you to incorporate wheatgrass juice into your lifestyle. This interesting, fun, and informative lecture, including an opportunity for questions and answers, is one you won't want to miss.

## Lecture Sunday 3pm rm 1D


**TINA PAYMASTER**  
*Long-Term Health &  
Happiness With Ayurveda*

Tina Paymaster is an Ayurvedic Practitioner who guides others in creating sustainable healing practices that bring the mind and body back into balance. Her mission to share this wisdom with others. Tina through the ancient teachings of Ayurveda, which include, nutrition, cooking, herbs, meditation and various other lifestyle practices. Learn the Ayurvedic Four Pillars of Health that will help you feel better from the inside out and practical tips you can implement immediately to experience better health and the primary cause of most diseases and how to avoid it

## Lecture Sunday 4pm rm1C


**PAUL UTZ**  
*Divine Quantum  
Connection*

Join with Alchemy Crystal Bowl Master Paul Utz co-founder of Crystal Tones. An exploration of the divine quantum crystalline connection between the universal self and our divine spirit. Explore the unique frequencies of alchemy singing bowls and how they affect the different dimensionalities of our human body, thereby bringing about transformational awareness and quantum healing for truth in our lives. Experience the divinity within you now.

## Special Event Sunday 4pm Globetrotter rm

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[www.Vegetarianvision.org](http://www.Vegetarianvision.org)

## Lecture Sunday 4pm rm 1D


**PETER GOODGOLD**  
*Healing With  
Hydrogen Water*

The discovery and documentation of the "healing" and "curative" waters of Nordenau, Germany; Tlacote, Mexico; and Hita Tenryosui, Japan waters all contain dissolved hydrogen gas. Molecular Hydrogen has been shown in over 500 studies to have positive effects on 100 different human diseases. The antioxidant properties and anti-apoptotic (anti-cell death) activity of molecular hydrogen has finally piqued the interest of the biomedical field. Peter Goodgold, shares the complex healing powers of his "Infinity Hydrogen Water Generator". Attendees receive free gift.

## Lecture Sunday 5pm Globetrotter rm


**PAMELA CAMHE**  
*Achieve Mental Clarity  
And Optimum Health  
Using Cultured Foods*

Scientific data shows the link between digestive health & brain function. Cultured foods are essential for creating & maintaining a healthy colon. Wellbeing is dependent on the condition of this internal environment. Discover the critical difference between cultured foods made from dairy and those made from plants. Learn how to easily include the best cultured foods in your daily menu and experience improved physical and mental health. Camhe is Colon Therapist & Administrative Director, Ann Wigmore Natural Health Institute

## Lecture Sunday 5pm rm 1C


**PHILLIP WILSON**  
*Healing Power Of  
Far Infrared Light Saunas*

"Absorbable Far Infrared Light" (4 - 14 microns) is a tiny band of light from the sun that is absorbed by our bodies. It was discovered about 35 years ago. A man can absorb this incredible healing energy which pulsates his water molecules, increases his core temperature, and promotes extraordinary health. Phillip Wilson has been exploring the inner worlds, mathematics and communication for 55 years, recently making many discoveries about Far Infrared Healing Light. Phillip owns Momentum98.com health store, in Columbus, OH.

## Lecture Sunday 5pm rm 1D


**CHEF DEBRA SECUNDA**  
*Healthy Recipes  
For Body & Soul*

Demo & Tasting, Raffle For Free DVDs: Learn simple tips to prepare quick balanced meals that will Energize you all day! For a nutritious Detox plan, Debra will share Raw-Live vegan recipes from her DVD, "Green Recipes for Health & Weight Loss". Creamy lasagna with walnut-mushroom "sausage", cashew nut "ricotta" & zucchini noodles - scrumptious meals that are low-glycemic; non-dairy; gluten-free; trans-fat-free, yet bursting with enzymes; anti-oxidants; phyto-nutrients; vitamins; minerals; & fiber! Learn healthy choices for satisfying swap-outs, how to Sprout your own superfoods & how to kick sugar!

## Lecture Sunday 6pm Globetrotter rm


**BEN JOHNSON**  
*Natural Mold Removal  
And Spore Elimination  
With Essential Oils*

Mold is considered a hazard to the utmost degree. Mold is a fungus that spreads and travels by spores. Spores are microorganisms that require a constant food source, moisture and oxygen. Mildew is a surface fungal growth which needs gentle cleaning. Whereas, mold is a more chronic, severe case needing remediation. During this lecture, one will learn that there are specific essential oils, by Young Living®, that remove mold and mildew.

## Concert Sunday 6pm rm 1D


**JAY EMMANUEL  
& OTHERS**  
*Crystal Bowl Sound Healing*

Magnetic Harmonic Vibrational Therapist Jay Emmanuel, introduces energy techniques using forces of the sounds produced by Alchemy Crystal Singing Bowls with the Human Voice to activate natural self healing responses of the body. Based on the Pioneering research of scientists like Dr. Royal Raymond Rife found cures for many diseases simply by using vibrational energy, Nikola Tesla who said we live in an ocean of energy, vibrations and frequencies, & Dr. Joseph Puleo "The Healing Codes" that help repair damaged DNA.



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